



## **SOUL SHAKE**

Choreographed by Fred Whitehouse, [f\\_whitehouse@hotmail.com](mailto:f_whitehouse@hotmail.com)

Description: 64 count, 4 wall, intermediate line dance

Music: **Soul Shake** by Tommy Castro

Intro: 80 counts from start of track, on lyrics

### **GRAPEVINE L, CHASSE L, ROCK BACK, RECOVER**

1-4 Step LF to L, step RF behind L, step LF to L, cross RF over L

5&6 Step LF to L, close RF next to L, step LF to L,

7,8 Rock RF behind L, recover on L

### **MONTEREY TURNS X 2**

1,2 Point RF to R,  $\frac{1}{4}$  turn R closing RF next to L

3,4 Point LF to L, close LF next to R

5,6 Point RF to R,  $\frac{1}{4}$  turn R closing RF next to L

7,8 Point LF to L, close LF next to R (Add Claps when you collect feet) - 6:00

### **ROCK RECOVER, BEHIND, ROCK RECOVER, BEHIND, SIDE, CROSS**

1-4 Rock RF to R, recover on to L, step RF behind L, rock LF to L

5-8 Recover on to R, step LF behind R, step RF to R, cross LF over R

### **STOMP, HEEL TOE WALK IN X2**

1-4 Stomp RF forward to R diagonal, swivel L heel in, swivel L toe in, swivel L heel in

5-8 Stomp LF forward to L diagonal, swivel R heel in, swivel R toe in, swivel R heel in

### **TWIST R, CLAP, TWIST L, CLAP**

1-4 Twist both heels to R, twist both toes to R, twist both heels to R, clap

5-8 Repeat to L side (body ends on slight diagonal 7.30)

### **TOE STRUT X2, WALK X 2, STEP FORWARD, PIVOT $\frac{1}{4}$ TURN L**

1-4 Touch R toe forward, step R heel down, touch L toe forward, step L heel down  
(keep body on angle to R diagonal)

5-8 Walk forward R, L, R, pivot  $\frac{1}{4}$  turn L placing weight on L - 9:00

### **STEP POINT, STEP SCUFF, JAZZBOX**

1-4 Step RF forward, point LF to L, step LF forward, scuff RF forward

5-8 Cross RF over L, step LF back, step RF to R, cross LF over R

### **TOE HEEL X2, STEP, CLOSE, HEEL BOUNCES X2**

1-4 Touch R toe to R, touch R heel to R, touch R toe to R, touch R heel to R

5-8 Step RF forward, close LF next to R, bounce heels x2

### **REPEAT**