



## **WEST COAST FOR ONE**

Choreographed by Susan Brooks

Description: 32 count, 4 wall, line dance

Music: **Dance! Shout!** by Wynonna [114 bpm / [Line Dance Fever](#) ]

**Sweet Little Shoe** by Dan Seals [120 bpm / [Walking The Wire](#)]

**Road Runner (Beep Beep)** by Microwave Dave and the Nukes

**Johnny B. Goode** by Elton John

Start dancing on lyrics

### **WEST COAST BASIC - RIGHT FOOT LEAD ½ TURN LEFT (TWICE)**

1 Step right forward, slightly turning body to left

2 Step forward, crossing left foot over right foot while still turning to left (¼ at this point)

3&4 Right, left, right, complete turn to left, dipping body into turn

5&6 Left, right, left anchor step. Smooth movement. Step left behind right, step right, step left

7-12 Repeat 1 through 6

### **CROSS STEP, ANCHOR STEP, RIGHT AND LEFT**

13-14 Cross right over left, step left with left foot

15&16 Right, left, right anchor step. Step right behind left, step left, step right

17-18 Cross left over right, step right with right foot

19&20 Left, right, left anchor step. Step left behind right, step right with right, step left

### **CAMEL WALKS WITH BODY ROLLS**

21-22 Stepping forward on right foot, pop right knee out, while sliding left foot to back of right foot with a straight leg, weight on left foot while rolling body forward and up

23-24 Repeat 21-22

25&26 Anchor step right, left, right

### **STEP PIVOT ½ RIGHT, TURN ¾ LEFT, STEP, TOGETHER, STEP**

27-28 Step left forward, turn ½ right (weight to right)

29-30 Step left foot ¼ to left. Continue turn stepping on right ¼ turn left

*Don't rush the turn; you will finish turn on 31 & 32*

31&32 Step left foot to left ¼ turn left, (&) together right, step left to side

### **REPEAT**