



E. M. S. (EASY MUSTANG SALLY)

Choreographed by Bill Bader

Description: 32 count, 4 wall, beginner line dance

Music: **Mustang Sally** by The Commitments [115 bpm / [The Commitments Soundtrack](#) / CD: Toe The Line 4]

I Feel Lucky by Mary Chapin Carpenter [124 bpm / CD: [The Essential Mary Chapin Carpenter](#) / [Come On, Come On](#) / CD: 50 Line Dance Favourites]

TRIPLE RIGHT, BACK, ROCK, TRIPLE LEFT, BACK, ROCK

1&2 Step right to side, slide/step left beside right, step right to side

3-4 Rock left back, recover to right

5&6 Step left to side, slide/step right beside left, step left to side

7-8 Rock right back, recover to left

REPEAT 1-8: TRIPLE RIGHT, BACK, ROCK, TRIPLE LEFT, BACK, ROCK

1&2 Step right to side, slide/step left beside right, step right to side

3-4 Rock left back, recover to right

5&6 Step left to side, slide/step right beside left, step left to side

7-8 Rock right back, recover to left

WALK FORWARD 3 STEPS, KICK, WALK BACK 3 STEPS, HITCH

1-2-3 Step right forward, step left forward, step right forward

4 Kick left forward

5-6-7 Step left back, step right back, step left back

8 Raise right knee

BACK, HITCH, FORWARD, HITCH WITH ¼ TURN LEFT, TOUCH OUT, HITCH, TOUCH OUT, HITCH

1 Step right back

2 Raise left knee

3 Step left forward

4 Raise right knee across left turning ¼ left

5 Touch right to side

6 Raise right knee up (and in)

7 Touch right to side

8 Raise right knee up (and in)

REPEAT