



CUT A RUG

Choreographed by Jo & Rita Thompson

Description: 32 count, 2 wall, ultra beginner line dance

Music: **Roll Back The Rug** by Scooter Lee [158 bpm / CD: [More Of The Best And Then Some..](#)]

Up! by Shania Twain [128 bpm / [Up!](#)]

Inside Out by Imelda May

Start dancing on lyrics

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE TOUCH

1-2 Step right to side, step left together

3-4 Step right to side, touch left together

5-6 Step left to side, step right together

7-8 Step left to side, touch right together

The above 8 counts can be done as a vine right and left by crossing behind on counts 2 and 6

DIAGONAL STEP TOUCH

1-2 Step right diagonally forward, touch left together

3-4 Step left diagonally back, touch right together

5-6 Step right diagonally back, touch left together

7-8 Step left diagonally forward, touch right together

FORWARD DIAGONAL SLIDE RIGHT AND LEFT

1-2 Step right diagonally forward, slide left together

3-4 Step right diagonally forward, scuff left forward

5-6 Step left diagonally forward, slide right together

7-8 Step left diagonally forward, scuff right forward

The above 8 counts can be done with a lock step by crossing slightly behind on counts 2 and 6

STEP, HOLD, TURN ¼ LEFT, HOLD, STEP, HOLD, TURN ¼ LEFT, HOLD

1-2-3-4 Step right forward, hold, turn ¼ left (weight to left), hold

5-6-7-8 Step right forward, hold, turn ¼ left (weight to left), hold

REPEAT