



BACK IN THE DAY

Choreographed by Dan Albro

Description: 32 count, 4 wall, beginner line dance

Music: **Back In The Day** by Jessta James [118 bpm]

Start dancing on lyrics after 48 count intro

WALK, WALK, SHUFFLE FORWARD, ROCK, REPLACE, COASTER STEP

1,2,3&4 Step forward R, step forward L, step forward R, step L next to R, step forward R

5,6,7&8 Rock forward L, replace weight onto R, step back L, step R next to L, step forward L

ROCK, REPLACE, SHUFFLE BACK, BACK, BACK, COASTER STEP

1,2,3&4 Rock forward R, replace weight on L, step back R, step L next to R, step back R

5,6,7&8 Step back L, step back R, step back L, step R next to L, step forward L

JAZZ BOX, JAZZ ¼ TURN

1,2,3,4 Cross R over l, step back on L, step side R, step forward L

5,6,7,8 Cross R over L, step back on L, turn ¼ right stepping side R, step forward L

SIDE TOUCH, CLAP, SIDE TOUCH, CLAP, HEEL, HEEL, KICK BALL CHANGE

1,2&3,4 Touch R toe to R side, clap, quickly step R next to L, touch L toe to L side, clap

&5&6& Switch weight to L, touch R heel forward, step R next to L, touch L heel forward, step L next to R

7&8 Kick R forward, step R next to L, step forward L

REPEAT