



ROCKIN'

Choreographed by [Anita McNab](#)

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: **Rockin' Pneumonia** by Ronnie McDowell [116 bpm / CD: [Country Dances](#) / [Country Dances](#)]

Some Beach by Blake Shelton [116 bpm / [Barn & Grill](#)]

My Give A Damn's Busted by Jo Dee Messina [104 bpm / CD: Line Dance Fever 16 / [Delicious Surprise](#)]

Bumpin' Tailgates by Mud Digger (feat. LoCash Cowboys)

Back to Me by Vanotek

Start dancing on lyrics

WALK FORWARD, TRIPLE FORWARD, ROCK STEP FORWARD, TRIPLE ½ TO THE LEFT

1-2 Step right forward, step left forward

3&4 Chassé forward right, left, right

5-6 Rock left forward, recover back to right

7&8 Shuffle back turning ½ left stepping left, right, left (6:00)

WALK FORWARD, TRIPLE FORWARD, ROCK STEP FORWARD, TRIPLE ½ TO THE LEFT

1-2 Step right forward, step left forward

3&4 Chassé forward right, left, right

5-6 Rock left forward, recover to right

15&16 Shuffle back turning turn ½ left stepping left, right, left (12:00)

SLIDE TOUCH, AND SLIDE TOUCH AND, WALK FORWARD RIGHT, WALK FORWARD LEFT x2

1& Slide/touch right toe forward, slide/step right together

2& Slide/touch left toe forward, slide/step left together

3-4 Step right forward, step left forward

5-8 Repeat steps 1-4

*****Heel switches may be substituted for the toe switches of steps 1&, 2&*****

CROSS ROCK RIGHT, TRIPLE ¼ TO THE RIGHT, CROSS SIDE, LEFT COASTER STEP

1-2 Cross/rock right over left, recover to left

3&4 Turn ¼ right and shuffle to side right, left, right

5-6 Cross/rock left over right, step right to side

7&8 Step left back, step right together, step left forward

*****Cross/rock left & recover right, triple to left side may be substitute for steps 5-8)*****

REPEAT