ONE OF THESE NIGHTS



Choreographed by Amy Christian-Sohn

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: One Of These Nights by The Eagles [110 bpm / Greatest Hits 1971-1975 /

The Very Best Of The Eagles 1

Start dancing on lyrics

STEP FORWARD, TOUCH, LEFT COASTER, STEP FORWARD, TOUCH, LEFT COASTER

1-2 Step right forward, touch left forward (lean back slightly)

3&4 Left coaster step

5-6 Step right forward, touch left forward, (lean back slightly)

7&8 Left coaster step

STEP, PIVOT ½, SHUFFLE FORWARD, STEP, PIVOT ½, SHUFFLE FORWARD

1-2 Step right forward, turn ½ left (weight to left)

3&4 Chassé forward right, left, right

5-6 Step left forward, turn ½ right (weight to right)

7&8 Chassé forward left, right, left

SIDE, TOGETHER, CHASSE, CROSS ROCK, ¼ TURN SHUFFLE

1-2 Step right to side, step left together

3&4 Chassé side right, left, right

5-6 Cross/rock left over right, recover to right

7&8 Turn ¼ left and step left forward, step right together, step left forward

OUT, OUT, IN, IN, OUT, OUT, IN, IN

1-4 Step right to side, step left to side, step right in, step left together

5-8 Step right to side, step left to side, step right in, step left together

REPEAT

FUNKY FUN OPTIONAL STEPS

For the last 4 counts of the dance, replace counts 5-8 with these steps

For the end of walls 2, 5 and 8 (Part B)

OUT, OUT, LOOK RIGHT, HOLD

&5 Step right to side, step left to side

6-8 Look right and hold

For the end of walls 3 and 6 (Part C)

SYNCOPATED OUT, OUT, IN, IN, FORWARD BODY ROLL OR HIP ROLL

This part can also be used at the intro

5&6& Step right to side, step left to side, step right in, step left together

7-8 Forward body roll or hip roll to the left

Sequence - the original steps will be called a. (use part c for intro) A,B,C. A,B,C, A,B, A,A,A,A