



CANADIAN STOMP

Choreographed by Cindy Hall & Ginny Smith AND Michael Beck

Description: 36 count, 4 wall, ultra beginner line dance

Music: **Take A Little Ride** by Jason Aldean

Any Man Of Mine by Shania Twain [157 bpm / [CD Single](#) / [The Woman In Me](#)]

Honey, I'm Home by Shania Twain

Copperhead Road by Steve Earle

Start dancing on lyrics

SUGAR FOOT, STEP, HOLD

1-4 Touch right together (toe turned in), touch right heel to side, step right forward (weight to right), hold

5-8 Touch left together (toe turned in), touch left heel to side, step left forward (weight to left), hold

SUGAR FOOT, STEP, HOLD

9-16 Repeat steps 1-8

WALK BACK "WITH STOMPS"

17-20 Step right back, hold, step left back, hold

21-24 Step back right, left, touch right to left, hold (or step back on beats 17-24; weight transfers to left on the "hold" on beat 24)

VINES TO RIGHT AND LEFT TURNING ¼ LEFT

25-28 Step right to side, cross left behind right, step right to side, touch left together

29-32 Step left to side, cross right behind left, step left to side while turning ¼ turn to the left, touch right together

RIGHT JAZZ BOX

33-36 Cross right over left, step left back, step right to side, step left together (or hop forward on last beat of jazz box) (9:00)

REPEAT

Note: This reflects how Canadian Stomp is done in the Chicagoland area and is a compilation of the 32 ct. dance choreographed by Michael Beck & and the 40 ct. dance choreographed by Cindy Hall & Ginny Smith