



## **THE TWIST**

Choreographed by Unknown

Description: 36 count, 1 wall, beginner line dance

Music: **The Twist** by Chubby Checker

Begin on lyrics

### **SUGAR FOOT, STOMP, HOLD**

1-4 Touch right together (toe turned in), touch right heel to side, stomp right forward (weight to right), hold

5-8 Touch left together (toe turned in), touch left heel to side, stomp left forward (weight to left), hold

### **DIAGONAL STEP TOUCH w/ CLAPS (K-STEP)**

1-2 Step R to right front diagonal, Touch L beside R, clap

3-4 Step L to left back diagonal, Touch R beside L, clap

5-6 Step R to right back diagonal, Touch L beside R, clap

7-8 Step L to left front diagonal, Touch R beside L, clap

### **VINE RIGHT, TOUCH, VINE LEFT, TOUCH**

1-4 Step right side, cross left behind, step right side, touch left together

5-8 Step left side, cross right behind, step left side, touch right together

### **TWIST**

1-8 Step back on right leg and twist as you lean forward onto left leg, twisting, taking eight beats

### **JAZZ BOX**

1-2 Cross right over, step left back

3-4 Step right side, step left together

### **REPEAT**