



MY LADY SOUL

Choreographed by Karl-Harry Winson (UK) Jan 2009, re-released 11/13 -
www.karlwinsondance.moonfruit.com - karlwinsondance@hotmail.com or
07792984427

Description: 32 count, 4 wall, Improver line dance

Music: **Lady Soul** by The Temptations, 114 bpm / **Discoveries** album
64 Count intro, Start on main Vocals

STEP LOCK, STEP LOCK-STEP, FORWARD ROCK, SHUFFLE 1/2 TURN

1-2 Step forward on the Left, Lock Right behind Left

3&4 Step forward on the Left, Lock Right behind Left, Step forward on the Left

5-6 Rock forward on the Right, Recover weight back on the Left

7&8 Shuffle 1/2 Turn Right stepping: Right, Left, Right

CROSS-BACK, HIPS SWAY X2, CROSS ROCK, HIP SWAY X2

1-2 Cross Left over the Right, Step back on the Right

3-4 Step Left to Left side and sway hips Left, Sway hips Right

5-6 Cross rock Left over Right, Recover weight back onto the Right

7-8 Step Left to Left side and sway hips Left, Sway hips Right

CROSS ROCK, LEFT CHASSE, CROSS ROCK, RIGHT SHUFFLE 1/4 TURN

1-2 Cross rock Left over Right, Recover weight back on the Right

3&4 Step Left to Left side, Close Right beside Left, Step Left to Left side

5-6 Cross rock Right over Left, Recover weight back onto the Left

7&8 Step Right to Right side, Close Left next to Right, Make 1/4 Right stepping
forward on Right

Restart here on during wall 5 facing 9:00

STEP, PIVOT 1/2 TURN, SHUFFLE 1/2 TURN, BACK ROCK, RIGHT KICKBALL-TOUCH

1-2 Step Left forward, Pivot 1/2 turn Right

3&4 Shuffle 1/2 Turn Right stepping: Left, Right, Left

5-6 Rock back on the Right, Recover weight forward on the Left

7&8 Kick Right foot forward, Step Right next to Left, Touch Left toe next to Right

Start Again!

***Restart: On wall 5, after section 3 restart the dance again. You will be facing 9:00**