



## **SHUT UP & DANCE EZ**

Choreographed by Lynn Card (Contact: [Lynncard28@gmail.com](mailto:Lynncard28@gmail.com); YouTube: lynncard28)

Description: 16 count, 4 wall, ultra beginner line dance

Music: **Shut Up And Dance** by Walk the Moon

Start dancing on lyrics

(No Tags, No Restarts , Great For Floor Splits)

### **WALK FORWARD R, L, R, KICK L, WALK BACK L, R, L, R, TOUCH R**

1-4 Walk R forward, Walk L forward, Walk R forward, Kick L forward

5-8 Walk L back, Walk R back, Walk L back, Touch R next to L

### **STEP RIGHT SIDE, TOUCH L, STEP LEFT SIDE, TOUCH R, OUT OUT, CLAP, TWIST, TWIST WITH 1/4 TURN**

1-4 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L

&5,6,7,8 Step R out to right side, Step L out to left side (shoulder width apart), Clap, Twist heels to the left, Twist heels to the right and make a ¼ turn to the left ending with weight on L (9:00)

### **REPEAT**