



HOLD ON TO...(aka SANGRIA)

Choreographed by Rosie Multari

Description: 32 count, 4 wall, beginner line dance

Music: **I Hold On** by Dierks Bentley

Legendary Lovers by Katy Perry [134 bpm]

Isn't She Lovely by Stevie Wonder [118 bpm / [Songs In The Key Of Life](#)]

Sangria by Blake Shelton

Start dancing on lyrics

LINDY RIGHT, VINE LEFT

1&2 Chassé side right-left-right

3-4 Rock left back, recover to right

5-8 Step left side, cross right behind, step left side, cross right over

LINDY LEFT, VINE RIGHT

1&2 Chassé side left-right-left

3-4 Rock right back, recover to left

5-8 Step right side, cross left behind, step right side, cross left over

SHUFFLES, ROCK FORWARD & BACK

1&2 Chassé forward right-left-right

3-4 Rock left forward, recover to right

5&6 Chassé back left-right-left

7-8 Rock right back, recover to left

TURN ¼ LEFT, STEP & POINTS

1-2 Step right forward, turn 1/8 left (weight to left)

3-4 Step right forward, turn 1/8 left (weight to left)

5-6 Step right forward, touch left side

7-8 Step left forward, touch right side

REPEAT

For more experienced dancers, if you prefer, you can substitute ½ turns for the rock steps in the third section

1&2 Chassé forward right-left-right

3-4 Step left forward, turn ½ right (weight to right)

5&6 Chassé forward left-right-left

7-8 Step right forward, turn ½ left (weight to left)