



HOLY COWGIRL

Choreographed by Rosie Multari

Description: 48 count, 4 wall, beginner line dance

Music: **Holy Cowgirl** by J. Michael Harter

Intro: 32

LINDY RIGHT, ROCKING CHAIR

1&2-3-4 Chassé side right-left-right, cross/rock left behind, recover to right

5-8 Rock left forward, recover to right, rock left back, recover to right

Option for 5-8: step left forward, turn ½ right (weight to right), step left forward, turn ½ right (weight to right)

LINDY LEFT, ¼ TURN, POINT

1&2-3-4 Chassé side left-right-left, cross/rock right behind, recover to left

5-8 Step right forward, turn ¼ left (weight to left), cross right over, touch left side

BACK STEP & POINT, ROCK & SHUFFLE

1-4 Step left back, touch right side (or kick), step right back, touch left side (or kick)

5-6-7&8 Rock left back, recover to right, chassé forward left-right-left

HIP BUMPS (OR HEEL STRUTS) WITH TURN ¼ LEFT

1&2 Step right forward and hip right, hip left, hip right

3&4 Step left forward and hip left, hip right, hip left

Option for 1-4: step right heel forward, lower right toe, step left heel forward, lower left toe

5&6 Turn ¼ left and step right forward (hip right), hip left, hip right

7&8 Step left forward and hip left, hip right, hip left

Option for 5-8: turn ¼ left and step right heel forward, lower right toe, step left heel forward, lower left toe

LINDY RIGHT & LEFT

1&2-3-4 Chassé side right-left-right, cross/rock left behind, recover to right

5&6-7-8 Chassé side left-right-left, cross/rock right behind, recover to left

HIP ROLL TURN ¼ LEFT, HIP BUMPS

1-2 Step right forward, turn 1/8 left (weight to left)

3-4 Step right forward, turn 1/8 left (weight to left)

Roll left hip to the left on counts 2 & 4

5&6 Step right together and hip right, hip left, hip right

7&8 Step left together and hip left, hip right, hip left

REPEAT

ENDING

If you'd like to end on the front wall, when dancing wall 6, the first ¼ turn turns to the front wall. Ignore the next ¼ turn, and hip bump or heel strut forward until the music fades