

## **GOOD MORNING**

Choreographed by Jo Thompson Szymanski & Mabelle Cook Holloway

Description: 48 count, 4 wall, beginner straight rhythm line dance

Music: **Good Morning** by Mandisa Feat TobyMac [CD: [What If We Were Real](#)]

**Sweet Home New Orleans** by Scooter Lee [130 bpm / CD: [Walking On Sunshine](#)]

Start dancing on lyrics

### **3 WALKS FORWARD, KICK, 3 WALKS BACK, TOUCH**

1-4 Step right forward, step left forward, step right forward, kick left forward

5-8 Step left back, step right back, step left back, touch right together

### **4 STEP TOUCHES**

1-2 Step right side, touch left together

3-4 Step left side, touch right together

5-6 Step right side, touch left together

7-8 Step left side, touch right together

*On the step touches you may do different variations to warm up different parts of the body. Try these: step touches with snaps, claps or shoulder rolls step, heel forward step, toe back step, kick step knee lift make up your own variations!*

### **REPEAT WALKS FORWARD & BACK, 4 STEP TOUCHES**

1-16 Repeat above counts 1-16

### **VINE RIGHT, TOUCH, VINE LEFT, TURN ¼ LEFT\***

1-4 Step right side, cross left behind, step right side, touch left together

5-8 Step left side, cross right behind, turn ¼ left and step left forward, touch right together

### **VINE RIGHT, TOUCH, VINE LEFT, TOUCH**

1-4 Step right side, cross left behind, step right side, touch left together

5-8 Step left side, cross right behind, step left side, touch right together

### **REPEAT**

\*For a one wall version of this dance delete the ¼ turn on the vine. Also, instead of vines you may do basics: side, together, side, touch, etc.