

## **SWING SWITCH**

**Choreographed by Linda DeFord**

**Description: 30-count, East Coast Swing mixer, start in closed couple position**

**Music: moderate swing music, I prefer around 132 BPM**

**The Swing Switch uses 5 swing patterns per sequence. Dancers change partners, moving to their left, on the 5th pattern. This sequence also provides a good practice routine for the beginning swing dancer.**

<b>PATTERN</b>	<b>VARIATION</b>
1	Basic pattern (Triple step, triple step, rock, step)
2	Lady's right underarm turn (Tuck and turn): Lead on 1st shuffle Lady turns right on 2nd shuffle
3	Lady's left underarm turn: (Right side pass) Partners pass right shoulder to right shoulder on 1st shuffle Lady makes a full turn left on 2nd shuffle as man makes a 1/2 turn to his right
4	Repeat Pattern 3; set up for partner change On the rock step, man leads lady into a full left free turn
5	Turn left on shuffles, completing partner change (move 1 partner to the left) "Catch" new partner on the ROCK of the rock-step

**BEGIN AGAIN...**