

THIS LIFE

Choreography by Rosie Multari Multari@aol.com

Four wall, 32 count Beginner Dance

Song: This Life by Future Fambo feat Unga 116 bpm (cd: This Life)

Start on vocal singing "Peoples" 16 seconds in

*Give Me Everything by PitBull feat Ne-Yo

*Born This Way by Lady Gaga (128 bpm) CD: Born This Way

Dynamite by Taio Cruz [124 bpm / CD: Rokstarr (Bonus Track Version)

Country songs: Somewhere with You by Kenny Chesney (112 bpm) and

Country Done Come to Town by John Rich (128 bpm)

Start on vocals on each song. All songs available on Amazon.com

Youtube: <http://www.youtube.com/watch?v=KQsElmM-2GQ>

Counts

Step Description

1-8 SIDE STEP & SIDE TAPS

1-4 Step R to side (Styling option: Wide Slide), tap L next to R,
Tap L to left side, Tap L next to R

5-8 Step L to side (Styling option: Wide Slide), tap R next to L,
Tap R to right side, Tap R next to L

9-16 BACK & TAP, HIP SWAY & TAP

9-12 Step R back diagonally, tap L next to R
Step L back diagonally, tap R next to L

13-16 Step R to the side as you sway hips to right, left, right
Tap L next to R

17-24 STEP SLIDE STEP TAP, ¼ TURN, REPEAT

17-20 Step L forward diagonally, slide R next to L
Step L forward diagonally, tap R next to L

21-24 Turn ¼ right, Step R forward diagonally, slide L next to R
Step R forward diagonally, tap L next to R

25-32 SIDE STEP & TAP, WALK BACK & TAP

25-28 Step L to side, tap R next to L (optional Body Roll)
Step R to side, tap L next to R (optional Body Roll)

29-32 Step back L, R, L, Tap R next to L

Repeat

Choreographer's note: This was created for new dancers to experience "step & tap" weight changes while encouraging them to add their own styling to the beat!

***If using these songs as a floor split for Will Craig's 2 Nite & Craig Bennett's Born This Way, you can either dance it through or do the 16 count tags from those dances at the appropriate times. ENJOY!!!**

First Place: Non-country Beginner/Novice @ Showdown 2011

Second Place: Non-country Beginner/Novice @ JG Marathon 2011