

THE SHADOW (page 1 of 2)

Choreographed by Nancy Martin

Description: 40 count, partner pattern dance

Music: **Take It Back** by Reba McEntire [116 bpm / [I'm A Survivor](#) / [It's Your Call](#) / CD: Country Line Dancing Vol.2]

Don't Let Our Love Start Slippin' Away by Vince Gill [114 bpm / CD: [I Still Believe in You](#) / [Souvenirs](#)]

Fast As You by Dwight Yoakam [128 bpm / [This Time](#) / [Last Chance For A Thousand Years](#) / CD: Simply The Best Linedancing Album / [Reprise Please Baby](#)]

What About Now by Lonestar [128 bpm / CD: [The Greatest Hits](#) / [Lonely Grill](#)]

Big Star by Kenny Chesney [120 bpm / CD: [No Shoes, No Shirt, No Problems](#) / [No Shoes, No Shirt, No Problems](#)]

Position: Both facing LOD (Line of Dance) side by side with single handhold, 40 counts
Start dancing on lyrics

LADY'S FOOTWORK

1-2 Step with left foot, turning $\frac{1}{4}$ turn to the left, touch with right toe

Now facing partner

3-4 Step with right foot, turning $\frac{1}{4}$ turn to the right, touch with left toe

Now back to facing LOD

5-8 Switch right hand to his right hand, while executing a left rolling grapevine, (left, right, left), ending in front of (partner), touch right toe

Following steps are executed with same foot as gentleman until count 20

9-12 Move forward at a 45 degree angle to the right: step forward with right foot, slide left foot up to right foot, step right forward, slide left foot up to right foot

Weight should remain on right foot

13-16 Move forward at a 45 degree angle to the left: step forward with left foot, slide right foot up to left foot, step left forward, slide right foot up to left foot

Weight should remain on left foot

17-20 Move backward (right, left, right) (on count 20: man steps with weight on left, lady just touches her left)

Drop hand hold

21-24 Left rolling grapevine (left, right, left) touch with right

Man's left hand joins lady's right hand

25-26 Turn $\frac{1}{2}$ turn to the right, With weight on right, touch with left toe

Now both are facing RLOD (Reverse Line of Dance)

Man's right hand joins lady's left hand

27-28 Turn $\frac{1}{2}$ turn to the left, with weight on left touch with right toe

Man's left hand joins lady's right hand. Both are back facing LOD. Drop hand hold

29-32 Right rolling grapevine in front of her partner (right, left, right,) touch with left

Rejoin hands (man's right to lady's left)

33-40 4 shuffle steps forward: (left, right, left, right, left, right, left, right, left, right, left, right)

REPEAT (See next page for Gentleman's footwork)

Taught by Janet Kruse & Gary LaForte, www.dancewithjanet.com – dancewithjanet@att.net

THE SHADOW (page 2 of 2)

GENTLEMAN'S FOOTWORK

1-2 Step with right foot, turning $\frac{1}{4}$ turn to the right, touch with left toe

Now facing partner

3-4 Step with left foot, turn $\frac{1}{4}$ left and touch with right toe

Now back to facing LOD

5-8 4 step in place (right, left, right-left).

As lady moves in front of you, her back is to you, right hands at her right hip, left arms extended

9-12 Move forward at a 45 degree angle to the right: step forward with right foot, slide left foot up to right foot, step right forward, slide left foot up to right foot

Weight should remain on right foot

13-16 Move forward at a 45 degree angle to the left: step forward with left foot, slide right foot up to left foot, step left forward, slide right foot up to left foot

Weight should remain on left foot

17-20 Move backward (right, left, right) (on count 20: man steps with weight on left, lady just touches her left)

Drop hand hold

21-24 Right rolling grapevine (right, left, right) touch with left

Man's left hand joins lady's right hand

25-26 Turn $\frac{1}{2}$ turn to the left, with weight on left, touch with right toe

Now both are facing RLOD

Man's right hand joins lady's left hand

27-28 Turn $\frac{1}{2}$ turn to the right with weight on right touch with left toe

Man's left hand joins lady's right hand. Both are back facing LOD. Drop hand hold

29-32 Left rolling grapevine behind his partner (left, right, left), touch with right

Rejoin hands (man's right to lady's left)

33-40 4 shuffle steps forward: (right, left, right, left, right, left, right, left, right, left, right, left)

REPEAT