

STATIONARY CHA-CHA

Choreographed by Unknown

Description: 28 count, 4 wall, line OR partner pattern dance

Music: **Ol' Country** by Mark Chesnutt [100 bpm/CD: [Mark Chesnutt: Greatest Hits/Greatest Hits](#)]

I Should Have Been True by The Mavericks [104 bpm/[Super Colossal Smash Hits Of The 90s](#)]

Neon Moon by Brooks & Dunn [108 bpm / [Greatest Hits](#) / CD: Denim & Diamonds]

Easy Come, Easy Go by George Strait [104 bpm / CD: [50 Number Ones](#) / [Toe The Line](#)]

ANY Cha Cha song; Start Dancing on Lyrics

This reflects how this dance is done in the CHICAGO area. Other areas begin with step 5 and put steps 1-4 at the end. If dancing as a couple, begin in the Dancing Skaters' Position (or Sweetheart Position). The steps are done at the same time & on the same feet for the man AND woman.

STEP LEFT, ROCK RIGHT, LEFT, RIGHT (BODY ROLLS)

1-2 Step left forward, rock right back

3-4 Rock left forward, recover to right

These are 2 body/hip rolls (don't move the feet; just the hips)

CHA-CHA LEFT, ROCK FORWARD RIGHT, CHA-CHA RIGHT, ROCK BACK LEFT

5&6 Chassé forward left, right, left

7-8 Rock right forward, recover back to left

9&10 Chassé back right, left, right

11-12 Rock back left, recover forward to right

TURNING CHA-CHA RIGHT, ROCK BACK, TURNING CHA-CHA LEFT, ROCK BACK

13 Face ¼ turn right and step on left

& Step right together

14 Face ¼ turn right and step on left

15-16 Rock right back, recover forward to left

17 Face ¼ turn left and step on right

& Step left together

18 Face ¼ turn left and step on right

19-20 Rock back left, recover forward to right

As the couple turns, the left hands move to the lady's left hip as the right hands rise in front of the man.

Likewise when you turn back let them flow back to original position

CHA-CHA LEFT AND ¼ TURN RIGHT, ½ TURN LEFT, CHA-CHA RIGHT, ½ TURN RIGHT

21&22 Chassé forward left, right, left

When dancing as a couple, woman triples in place (starting with left foot) turning ¼ right, man triples by taking a long step left diagonally forward right, stepping together with right as he turns ¼ turn right, stepping left together to right (weight to left) - THIS IS THE WALL CHANGE (3:00)

23-24 Step right forward, turn ½ left (weight to left)

When dancing as a couple, man releases woman's right hand & lifts his left (her left hand is in his left hand) and turns the ½ turn to the left under his left arm

25&26 Chassé forward right, left, right

27-28 Step left forward, turn ½ right (weight to right)

When dancing as a couple, maintain left hand hold, returning hands back to Dancing Skaters' Position to begin again, stepping forward on the "1" with the left foot for the hip rolls

REPEAT

Taught by JANET KRUSE, www.dancewithjanet.com / janet@dancewithjanet.com – find me on FACEBOOK!