

COWBOY RHYTHM MIXER

Courtesy of Sandy Flolo

32 Count Mixer Circle Dance

Dancers are lined up in groups of 3 facing COUNTERCLOCKWISE in a circle. Gentlemen are in the middle, ladies are on each side.

COUNTS 1-8:

Holding hands, everyone walks forward for 8 counts beginning with the right foot

COUNTS 9-16:

While the Gentleman & Lady on the outside march in place for 8 counts beginning with the right foot, the Lady on the inside also begins on her right foot and walks in front of the Gentleman & under his right arm. Gentleman follows her walking under his arm. Everyone ends up in their original positions, facing the Line of Dance

COUNTS 17-14:

While the Gentleman & Lady on the inside march in place for 8 counts beginning with the right foot, the Lady on the outside also begins on her right foot and walks in front of the Gentleman & under his left arm. Gentleman follows her walking under his arm. Everyone ends up in their original positions, facing the Line of Dance.

COUNTS 25-32:

Everyone walks forward for 4 counts beginning with the right foot (R,L,R,L). Dropping hands, the Ladies walk backwards for 4 counts while the Gentleman in the middle walks forwards for 4 counts. Each Gentleman will meet up with 2 new partners